

MAGAZINE

KABADDI KENYA

CHRONICLES



NATIONAL PRIDE & IMAGE

KENYAN KABADDI A SPECTACULAR JOURNEY

RODGERS OMONDI

KENYAN STAR

WWW.KABADDIUNION.OR.KE





A message from the President

**Dear Kabaddi Enthusiasts,
Welcome to the inaugural edition of the Kenya Kabaddi Union Magazine! Kabaddi Kenya Chronicles**
I am delighted to witness the launch of this significant publication, which highlights our journey in nurturing and promoting Kabaddi across Kenya.
From talent development to national unity, this magazine encapsulates our commitment to Kabaddi's growth and the positive impact it has on our communities.
Of particular note is the vibrant participation of our youth, whose passion and dedication propel Kabaddi forward, instilling values of teamwork and discipline.
Together, let's celebrate our achievements and shape Kabaddi's future in Kenya

Madam Laventer Oguta

KABADDI KENYA CHRONICLES

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EDITOR'S LETTER



It is with immense joy and anticipation that we welcome you to the debut issue of "**The Kabaddi Kenya Chronicles**." We are thrilled to embark on this incredible journey into the heart and soul of Kenyan Kabaddi.

Our cover star, Rodgers Omondi, exemplifies the talent and dedication that characterize our sport. His story, like many others within the Kenya Kabaddi community, is a testament to the passion and resilience that make our journey truly spectacular.

In the pages of this magazine, we promise to unfold the narrative of Kabaddi in Kenya. Through player profiles, riveting match highlights, and exclusive interviews, we aim to capture the essence of the game from the grassroots to the national stage.

"The Kenyan Kabaddi: A Spectacular Journey" is not just a tagline; it encapsulates our commitment to delivering content that resonates with the spirit of Kabaddi in our beloved country. We owe immense gratitude to the players, coaches, fans and supporters who make this journey possible.

Thank you for joining us on this adventure. We hope you enjoy every page, savor every moment, and share in the excitement of "**The Kabaddi Kenya Chronicles**."

MAGAZINE EDITOR: KKU MEDIA

KENYA KABADDI CLUBS



KENYAN KABADDI UNION

TALENT DEVELOPMENT



EMPOWERING YOUTH AND SHAPING CHAMPIONS

In the heart of Kenya, a silent revolution is underway, one that aims to empower youth and shape champions through the exhilarating sport of kabaddi. Since its establishment in 2014, the Kenya Kabaddi Union (KKU) has been steadfast in its mission to provide young boys and girls with a constructive outlet, steering them away from negative influences and towards a path of athleticism, discipline, and success.



KENYAN KABADDI UNION

TALENT DEVELOPMENT



NURTURING TALENT FROM THE GRASSROOTS

At the core of the KKU's mission lies the identification and nurturing of kabaddi talent from grassroots levels. Through meticulous grassroots scouting across more than 20 counties in Kenya, the union seeks out promising individuals eager to embrace the sport. From local tournaments to school introductions and selection trials, the KKU leaves no stone unturned in its quest to unearth the next kabaddi sensation.



KENYAN KABADDI UNION

TALENT DEVELOPMENT



TRAINING FOR EXCELLENCE

Talent alone is not enough; it requires cultivation and refinement. This is where the KKU's training programs come into play. From referee and umpire certification courses to specialized training camps for national team players, the union provides a platform for aspiring athletes to hone their skills under the guidance of certified professionals. Strength, speed, skills, and agility are the cornerstones of these training regimes, ensuring that players are not only physically robust but also mentally sharp.

BUILDING A FOUNDATION: INFRASTRUCTURE DEVELOPMENT

Infrastructure serves as the backbone of any sporting endeavor, and the KKU understands this well. Through strategic partnerships and collaborations, the union has secured playing mats and established training hubs at esteemed institutions such as JKUAT, Kenya Academy of Sports, and the iconic Kasarani Stadium. These facilities not only provide a conducive environment for training but also inspire a sense of pride and belonging among kabaddi enthusiasts.

FOSTERING YOUTH DEVELOPMENT

The future of kabaddi lies in the hands of its youth, and the KKU is committed to nurturing this potential. Special programs cater to junior boys' and girls' teams, while initiatives in primary schools aim at cultivating a new generation of kabaddi stars. The ultimate goal? Representing Kenya on the international stage, with sights set on prestigious events like the Junior World Cup.



Looking Towards the Future

As the sun sets on another successful chapter, the KKU sets its sights on the horizon, with aspirations of even greater achievements. Plans are underway to expand grassroots tournaments and propel continental events to international acclaim, ensuring that the legacy of kabaddi continues to thrive in Kenya for generations to come.

In the grand tapestry of sports, kabaddi may be a relatively new entrant, but thanks to the relentless efforts of organizations like the Kenya Kabaddi Union, its impact is nothing short of monumental. With each tackle, each raid, and each victory, kabaddi reaffirms its status as not just a sport but a symbol of hope, empowerment, and unity.

KENYAN KABADDI UNION

TALENT MONETIZATION

UNLOCKING TALENT: KENYA KABADDI'S JOURNEY TO MONETIZATION

In the realm of sports, the monetization of talent is not just a goal; it's a crucial step towards sustainability and growth. Kenya's kabaddi scene, though relatively nascent, has made remarkable strides in achieving this objective. Let's delve into how Kenya Kabaddi has successfully monetized talent:

1. PROFESSIONALIZATION AND STRUCTURED LEAGUES:

Kenya Kabaddi has made significant efforts to professionalize the sport by establishing structured leagues and tournaments, collaborating with international championships and leagues and coordinating other kabaddi programs for its community. These platforms not only provide...

opportunities for players to showcase their skills but also attract corporate sponsors. This collaboration injects much-needed financial support into the sport, enabling player earnings and infrastructure development.

2. MEDIA VISIBILITY AND BROADCASTING RIGHTS:

One of the key strategies employed by Kenya Kabaddi is leveraging media partnerships and broadcasting rights. By showcasing kabaddi matches on digital platforms, the sport gains wider visibility, attracting sponsorships and advertisers. The Kenya Kabaddi live matches are streamed on its social media platforms and aired by the KKU media group.



3. MERCHANDISING

creation of merchandise, including team jerseys, caps, union shirts and memorabilia, has emerged as one of the avenues for talent monetization. Fans are eager to support the union, their favorite teams and players by purchasing official KKU related merchandise.

4. COMMUNITY ENGAGEMENT AND EVENTS:

Kenya Kabaddi understands the importance of fostering a strong connection between players, officials and fans. Organizing kabaddi clinics, workshops, and community events has been one of the key elements in the kabaddi journey.



Conclusion:

Through a combination of strategic initiatives and partnerships, Kenya Kabaddi has successfully monetized talent, paving way for the sport's sustained growth and development. By continuing to innovate and engage stakeholders, Kenya Kabaddi is poised to inspire a new generation of athletes and sports enthusiasts, while also contributing to the country's sporting landscape.

KENYAN KABADDI UNION

NATIONAL DEVELOPMENT

National Development Through Kenya Kabaddi

In Kenya, kabaddi emerges not just as a sport but as a vehicle for national development:

1. **Unity and Social Inclusion:** The Kenya Kabaddi brings people together, helps different communities get along, and makes everyone feel more connected within the country

2. **Health and Fitness:** By encouraging active lifestyles, kabaddi contributes to improved health and well-being across the nation.

3. **Youth Empowerment:** Kenya Kabaddi empowers youth, nurturing talent and instilling valuable life skills for future leadership roles.

4. **Economic Growth:** The growth of kabaddi creates employment opportunities and stimulates local economies, fostering entrepreneurship.

5. **Cultural Preservation:** As a cultural heritage, kabaddi showcases Kenya's rich traditions, attracting tourism and promoting cultural exchange.

In harnessing the power of Kenya Kabaddi, the nation strides towards a brighter future, where sport becomes a cornerstone of holistic national development.

Conclusion:

In conclusion, Kenya Kabaddi stands as more than just a sport; it embodies a beacon of hope and progress for the nation. Through its profound impact on unity, health, youth empowerment, economic prosperity, and cultural preservation, kabaddi has woven itself into the fabric of Kenya's development journey. As we continue to harness the transformative power of sports like kabaddi, we pave the way for a brighter, more inclusive future where athleticism and national development walk hand in hand. Together, let us embrace Kenya Kabaddi as a symbol of unity, resilience, and aspiration, driving us towards a shared vision of holistic progress and prosperity.

KENYAN KABADDI UNION

NATIONAL UNITY, PRIDE & IMAGE



The Kenya Kabaddi Union has become a cornerstone of national unity, pride, and image. Through its inclusive approach, it brings together individuals from diverse backgrounds, fostering bonds of friendship and solidarity. By nurturing the talents of Kenyan kabaddi athletes, the union instills a sense of pride among citizens as they represent the nation on international platforms. Additionally, through participation in global events and cultural exchanges, the union enhances Kenya's image as a dynamic and welcoming nation. In essence, the Kenya Kabaddi Union exemplifies the transformative power of sports in shaping a unified, proud, and positive national identity.



National unity, pride & image:

The Kenya Kabaddi Union stands as a beacon of national unity, pride, and image, bringing together individuals from diverse backgrounds under a shared passion for the sport. Through its inclusive approach and commitment to excellence, the union fosters a sense of belonging and identity among Kenyans, transcending barriers of ethnicity, religion, and socio-economic status. By representing Kenya on the international stage with dignity and skill, the union bolsters national pride and elevates the country's image globally. In doing so, it not only celebrates Kenya's rich sporting heritage but also reinforces its position as a dynamic and competitive nation on the world stage.

SPOTLIGHT ON KENYAN KABADDI HEROES: SEASONED VETERANS

Meet the "Pioneers of Kenyan Kabaddi" – a group of seasoned veterans who made history as the first Kenyan players to compete at the highest level in the prestigious Indian Pro Kabaddi league. In this exclusive feature, discover the remarkable journeys of these trailblazers, as they overcame challenges and achieved milestones, leaving an indelible mark on Kenyan Kabaddi scene. Their resilience, determination, and pursuit of excellence set the stage for future generations of players.



SIMON KIBURA
PUNERI PALTAN SEASON 1, 2
AND 3
BENGAL WARRIORS SEASON
4



PHELIX ODHIAMBO OPANA
BENGAL WARRIORS SEASON
3



PARTRICK NZAU
HARRYANA STEELERS
SEASON 7



DAVID SILISHIA MOSAMBAYI
PUNERI PALTAN SEASON 2
AND 3
HARRYANA STEELERS
SEASON 4
JAIPUR PINK PANTHERS
SEASON 5

SPOTLIGHT ON KENYAN KABADDI HEROES: SEASONED VETERANS



DANIEL OMONDI ODHIAMBO
PATNA PIRATES SEASON 8,9
AND 10



VICTOR OBIERO
TAMIL THALAIVAS SEASON 6
AND 7
PUNERI PALTAN SEASON 8



HAGGAI OGAK ODHIAMBO
PATNA PIRATES SEASON 7



JAMES NAMABA KAMWETI
UP YODDHAS SEASON 8
AND 9



HELVIC SIMIYU
UP YODDHAS SEASON 10



SAMUEL WAFULA
UP YODDHA SEASON 10

SPOTLIGHT ON KENYAN KABADDI HEROES: RISING STARS

Introducing the "Rising Stars of Kenyan Kabaddi" – a dynamic group of emerging talents set to make waves on the Kabaddi scene. These rising stars, driven by passion and skill, are making their mark with exceptional performances and a commitment to excellence. Explore their journeys, aspirations, and the promise they bring to the sport as they carve their own path to success. Get ready to witness the next generation of Kenyan Kabaddi heroes in this special showcase of talent and determination.



Rodgers Omondi
ALL ROUNDER



Chrispine Magero
RAIDER



Stewart Magero
RAIDER



Reuben Mburu
ALL ROUNDER



Keith Kadima
RAIDER



Allan Oduor
ALL ROUNDER



Ryan Neville
DEFENDER



Jeremiah Aunga
ALL ROUNDER



Lewis Maviri
DEFENDER



Joseph Njuguna
RAIDER

SPOTLIGHT ON KENYAN KABADDI HEROES: RISING STARS



Fransis Dennis
ALL ROUNDER



Maurice Wanda
RAIDER



Oliver Masibo
RAIDER



Esther Omollo
RAIDER



Christine Adhiambo
ALL ROUNDER



Lorraine Fletcher
ALL ROUNDER



Mary Oteki
DEFENDER



Sylvia Kimani
ALL ROUNDER



Joy Mugechi
RAIDER



Brenda Nyaga
ALL ROUNDER

SIT THERE!

THE JOURNEY OF KENYA KABADDI

The journey of Kenya Kabaddi, initiated in 2014 by Madam President Laventer Oguta, is a testament to the transformative power of passion and determination.

Originating from an inspiration drawn from YouTube, Madam President Oguta kick started the Kabaddi movement in Kenya. Since its inception, the Kenyan Kabaddi team has evolved into a formidable force, participating in prestigious international tournaments such as the Junior World Cup in 2019 and 2023, Dubai Masters in 2018, Mauritius Beach Kabaddi in 2017, and the Bangabandhu Cup in 2021, 2022, and 2023.



The growth of Kenya Kabaddi spans from grassroots initiatives to remarkable achievements on the global stage. Notably, the team secured a silver medal in the Junior World Cup 2019 in Iran and two silver medals in the Bangabandhu Cup. Over 10 players have successfully ventured into the highly competitive Indian Pro Kabaddi

league, a testament to the caliber of talent fostered in Kenya. Locally, the movement has led to the formation of over 30 clubs and the organization of more than 15 championships. As the journey continues, Kenya Kabaddi remains on an upward trajectory, symbolizing resilience, triumph, and the promising future of the sport in the nation.



SUCCESS STORIES



The fruits of the KKU's labor are evident in the success stories that have emerged over the years. More than 10 players have had the opportunity to ply their trade in the esteemed Pro Kabaddi League, while countless others have donned the national colors in international competitions. These tales of triumph not only inspire future generations but also elevate the stature of kabaddi in Kenya and beyond.

From Dreams to Reality



Kabaddi: More than a game. It's joy, unity and a legacy beyond the stadium

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Daniel Omondi,
Patna Pirates KC,
JKUAT Assassins KC

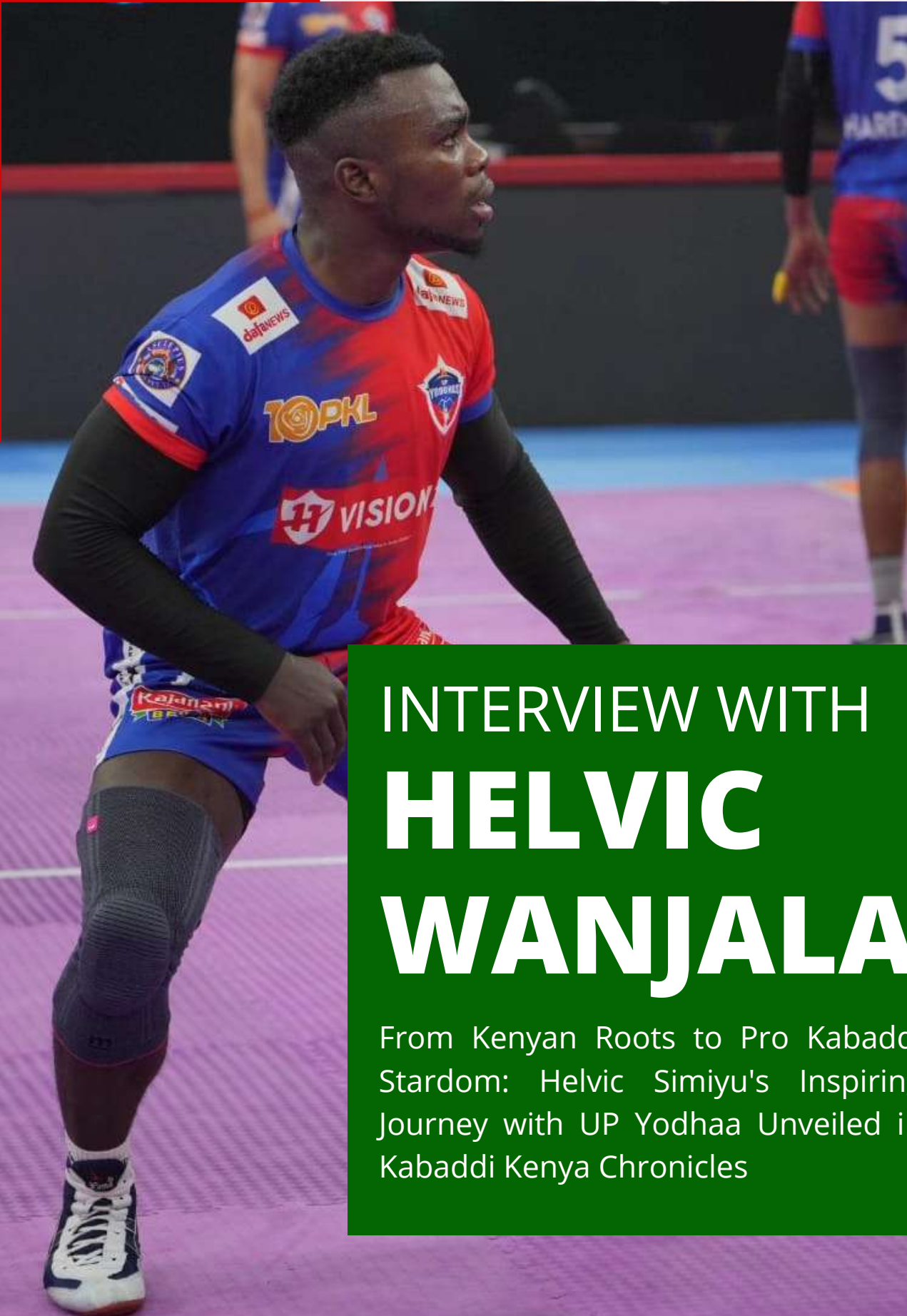
As a Kenyan pro Kabaddi star, Daniel Omondi highlights the vital role of "kabaddi beyond the Stadium." He underscores the importance of initiatives like visiting children's homes and tree planting, organized by the Kenya Kabaddi Union

Beyond the sport, these efforts contribute to social welfare and environmental sustainability, showcasing Kabaddi's positive influence on communities. Daniel emphasizes the sport's role in uniting people and making a lasting impact beyond the stadium.

COMMUNITY SPOTLIGHT: KABADDI'S IMPACT BEYOND THE STADIUM

In the coming months of October and November 2024, the Kenya Kabaddi Union is set to embark on two impactful community initiatives. First, in October 2024, the union plans on visiting children's homes, aiming at bringing joy and encouragement to the young residents while sharing the spirit of Kabaddi. Following this, in November 2024, a tree-planting drive is on the horizon, symbolizing the union's commitment to environmental sustainability and making a positive impact beyond the Kabaddi arena. These future endeavors underscore the Kenya Kabaddi Union's dedication to fostering community welfare and showcasing the far-reaching influence of Kabaddi on society





INTERVIEW WITH **HELVIC** **WANJALA**

From Kenyan Roots to Pro Kabaddi Stardom: Helvic Simiyu's Inspiring Journey with UP Yodhaa Unveiled in Kabaddi Kenya Chronicles

Hello Helvic! We're thrilled to have you featured in the Kabaddi Kenya Chronicles. Can you start by sharing a bit about your journey in Kabaddi and how you got started?

Helvic: *Thanks for having me. My Kabaddi journey started in May 2017 after high school when a friend, Victor Obiero, introduced me to the sport. While balancing rugby at Mount Kenya University, my passion for Kabaddi grew. In 2019, I chose to leave rugby to focus on Kabaddi, driven by the hope of a bright athletic future.*

Playing for UP Yodhaa Kabaddi Club is a significant accomplishment. What has been the most memorable moment for you in the Pro Kabaddi league so far?

Helvic: *Dreaming of playing in a pro league since I started Kabaddi, I'm grateful to Up Yodhas club for the opportunity. Stepping onto the Kabaddi stadium for the first time, especially in the first 14 squad match against U-mumba, was unforgettable. The massive crowd, bright lights, and the realization of being part of a league I used to watch on YouTube is a moment etched in my memory forever.*

Being a professional Kabaddi player comes with its challenges. Can you talk about a particularly tough moment you've faced and how you overcame it? Any personal triumphs that stand out?

Helvic: *As a professional player and a foreigner, the language barrier has been a challenge. I've been learning Hindi words, but often I turn to our S and C coach, Mr. Naresh, or the team doctor, Mr. Abbay, for translation. Another hurdle is unequal playtime compared to the locals. It can be demotivating, but I've set my mind to be stronger and focus on improving my skills, giving 200% effort to earn my chances on the field.*

How do you see the growth of Kabaddi in Kenya since its inception, and what role do you believe the sport plays in the country's athletic landscape?

Helvic: *Kenya Kabaddi is rapidly becoming the fastest-growing sport, and 2023 marked a significant milestone in its growth. Organizing over 10 Kenyan premier events and attracting over 300 new athletes nationwide is an achievement I deeply appreciate. I'm confident that with this momentum, sponsors will soon come forward, further fueling our expansion to reach every county in the country. Through sports, the younger generation finds motivation to focus and believe in their potential, steering clear of unproductive activities.*

We know Kabaddi Kenya Union is actively involved in community initiatives. Have you participated in any of these, and how do you feel about Kabaddi's impact beyond the playing field?

Helvic: *I've been actively involved in all community initiatives organized by the Kenya Kabaddi Union, including 'Kabaddi Mtaani' events in local football grounds. We're now introducing the sport to schools, aligning with the CBC Curriculum. Personally, I'm training at Kasarani Group of Schools and Kasarani Secondary School, with plans to reach more schools soon.*

Who inspires you the most in your Kabaddi journey, and what advice would you give to aspiring Kabaddi players in Kenya?

Helvic: *Victor Obiero has been a constant inspiration since I joined Kabaddi. As a close friend and witnessing his rise to greatness, I've followed in his footsteps, learning immensely from him. On the international stage, my role model is Fazel Atrachali, the Iranian national team captain. I admire and emulate his distinctive style of play.*

Looking ahead, what are your aspirations and goals within the world of Kabaddi, both personally and for the sport in Kenya?

Helvic: *My aspiration is to inspire young talents, encouraging them to believe in their dreams and work hard towards achieving them—maybe even surpassing my own achievements. Personally, I aim to make multiple appearances in pro league matches, showcasing my talent, and aspiring to become one of the greatest defenders in the history of this sport.*

Lastly, what message would you like to share with the readers of Kabaddi Kenya Chronicles and Kabaddi enthusiasts in Kenya?

Helvic: *To Kabaddi enthusiasts and Kenya Kabaddi Chronicles readers: Believe and never stop dreaming. Despite the odds, you can achieve what you want.*

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It's never about an opportunity of a lifetime, it's about the life time of that opportunity. What do you do with that opportunity



KENYA KABADDI ACROSS THE BOARDERS

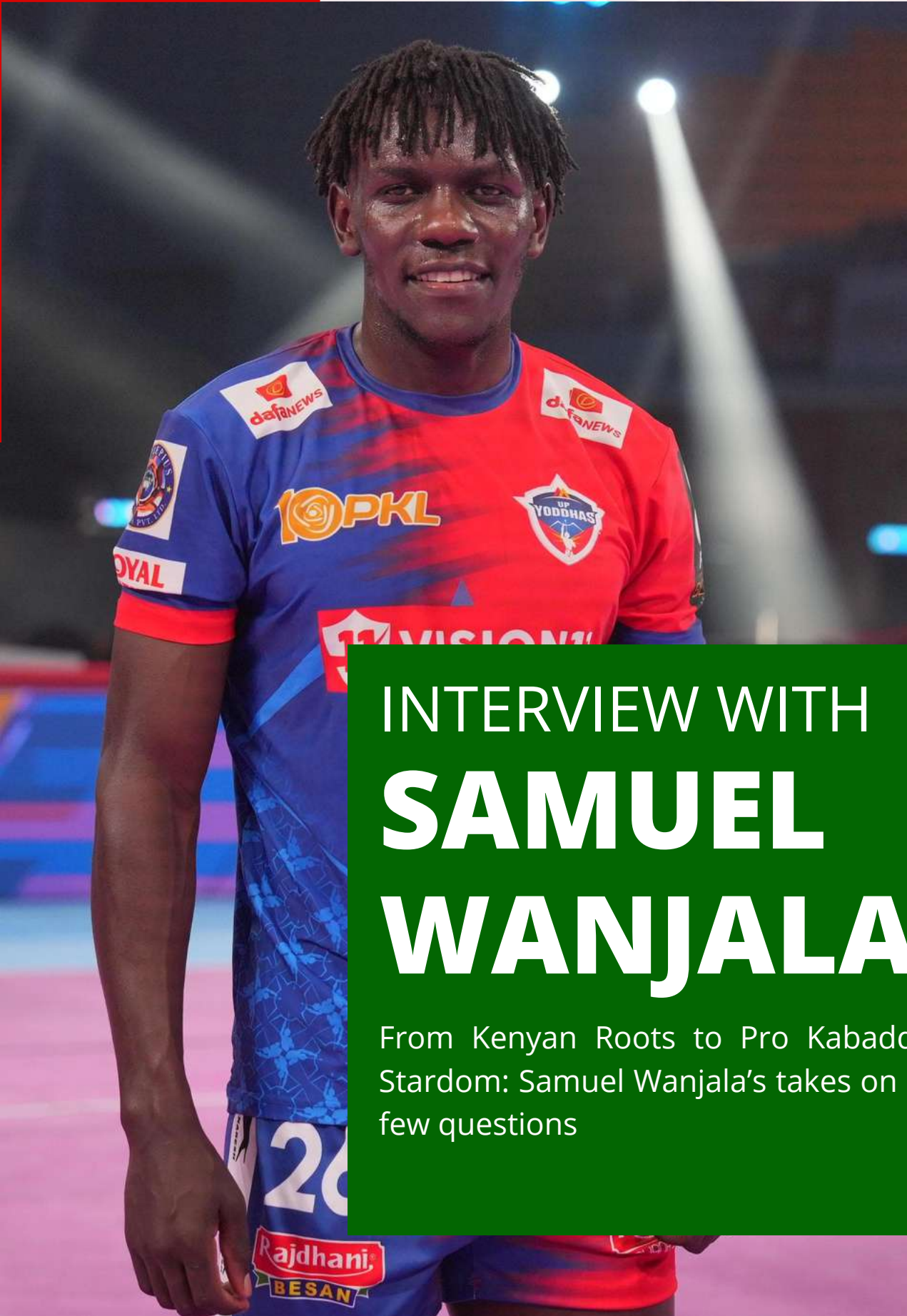


Recognized as the 'Best Emerging Team' by the International Kabaddi Federation at the Junior World Cup in Iran, Kenya has consistently showcased its mettle. The team boasts two-time silver medals at the Bangladesh Bangabandhu Cup and proudly holds the title of Africa Men Kabaddi Championship Gold Medalists. Beyond accolades, Kenya's impact resonates globally, having produced over 10 players for the prestigious Indian Pro Kabaddi League. The narrative of Kenya's Kabaddi journey is not just one of victories; it's a testament to the nation's commitment to excellence and the remarkable strides made on the international Kabaddi arena.

Rank ↕	Team ↕	Points ↕
1	India	7127.6
2	Bangladesh	5674.4
3	Pakistan	4235.04
4	South Korea	3511.9
5	Iran	2795.68
6	Sri Lanka	2086.38
7	Kenya 	1384
8	Nepal	688.54
9	Thailand	685.08
10	Indonesia	681.62

Kenya's Kabaddi prowess extends far beyond its borders, marking a trail of triumphs on the international stage. The Kenyan men's Kabaddi national team, currently ranked 7th globally by the International Kabaddi Federation (IKF), has etched its name in history. Notable achievements include securing a silver medal at the Iran Junior World Cup and another silver at the Chinese Taipei/Dubai Masters.



A full-page photograph of Samuel Wanjala, a professional Kabaddi player, standing on a court. He is wearing a red and blue jersey with multiple sponsor logos including 'dafaNEWS', '10PKL', 'UP YODDHAS', 'ROYAL', and 'VISION'. He has short dreadlocks and is smiling slightly. The background is a blurred indoor sports arena with bright lights.

INTERVIEW WITH **SAMUEL WANJALA**

From Kenyan Roots to Pro Kabaddi Stardom: Samuel Wanjala's takes on a few questions

If Kabaddi had a soundtrack, what song would play every time you enter the mat?

Samuel: meek mill(Dreams and nightmames)

If you could have any superpower to use in a Kabaddi match, what would it be?

Samuel: Invisible while raiding. lol

Describe your Kabaddi playing style using only emojis.

Samuel: ⚡

What's the weirdest pre-match ritual or superstition you follow?

Samuel: Bowing the mat before stepping on it

If Kabaddi had a fashion show, what would be your signature style on the runway?

Samuel: Taking bonus while walking

Tell us about the funniest moment you've had during a Kabaddi match or training

Samuel: Tried a diving hand touch and i ended up flying past the field of play, LOL

If you could invite three celebrities to play Kabaddi with you, who would they be?

Samuel: Kayetorwa(dancer,Kenya)
Kevin Pietersen(England cricket maestro),Cbum(world body building champion)

What's your go-to victory dance move, and can you describe it in three words?

Samuel: moonwalk (michaeljackson walkback movement)

If Kabaddi players had trading cards, what would be your special ability or skill?

Samuel: Handtouch and bonus

Describe your dream Kabaddi team using fictional characters from movies or TV shows.

Samuel: Captain Jack
sparrow,spiderman,flash,hulk,shadow, thor,nina dobrev.



TRAINING CAMPS AND GRASSROOTS INITIATIVES

From Grassroots to Glory: Kenya Kabaddi Union's Vision for Future Stars

Dive into the heart of Kenya Kabaddi's grassroots initiatives and training camps, meticulously crafted by the Kenya Kabaddi Union. In 2023, the union introduced Kabaddi to Kilifi County, Transzoia County, Homa Bay County, and Siaya County, with ambitious plans to expand the sport to more counties in 2024. Meet the coaches, mentors, and promising young players who embody the future of Kenyan Kabaddi. In a significant stride, the union conducted a training program at the Kenya Academy of Sports, enlightening 57 referees from across Kenya on Kabaddi's nuances. Additionally, witness the weekly training camp at the Kenya Academy of Sports, where the union molds upcoming players, fostering the next generation of Kabaddi stars.

THE SECRET IS SIMPLE: PASSION



EXCLUSIVE FEATURE



EXCLUSIVE FEATURE

ROLE OF WOMEN IN KENYA KABADDI

Empowering the Future: Women's Kabaddi Surges Ahead in Kenya

In a resounding testament to progress and inclusivity, Kenyan women are carving their mark in the exhilarating world of Kabaddi. The Kenya Kabaddi Union, unwavering in its commitment to equality, has orchestrated a transformative journey for women within the sport.

Clubbing Together for Success:

A pivotal move by the Kenya Kabaddi Union has seen the formation of over 10 women's Kabaddi clubs nationwide. These hubs of empowerment not only signify a growing interest in the sport but also serve as fertile ground for nurturing talent and camaraderie.

Triumph on the International Stage:

The Women's National Team has emerged as a force to be reckoned with, securing a prestigious bronze medal at the 2023 African Women Kabaddi Championship held in Kampala, Uganda. Their journey to success speaks volumes about the dedication, skill, and resilience of these remarkable athletes.

Beyond Medals: A Flourishing Community:

More than just statistics, there are now over 150 Kabaddi women athletes scattered across the country

This surge in participation reflects a broader societal shift, where women are finding not only their voice but also their strength on the Kabaddi mat.

Voices of Change: Exclusive Interviews:

In exclusive interviews, delve into the experiences, challenges, and triumphs of the women who are spearheading this Kabaddi revolution. From players showcasing unparalleled skill to coaches and administrators championing gender equality, their stories weave a rich tapestry of empowerment.

As we celebrate these accomplishments, we acknowledge that this is just the beginning. The Kenya Kabaddi Union's relentless pursuit of gender equality is propelling the sport to new heights. With every club formed, every match played, and every medal won, Kenyan women in Kabaddi are not just making strides; they are setting the stage for a future where equality in sports is not just a goal but a reality.



INTERVIEW WITH **CHRISTINE ADHIAMBO AKA MAMITO**

It's a snapshot of Kabaddi's shining star

INTERVIEW:

CHRISTINE ADHIAMBO

What's your favorite Kabaddi move that you believe every woman should master?

Christine: Thigh hold

Do you have any pre-game rituals or lucky charms that you swear by?

Christine: Dancing and letting go before a match

If you could have a Kabaddi-themed sleepover with your teammates, what would be the main event of the night?

Christine: Raiding and trying new kabaddi skills.

If there was a song that perfectly captured the essence of women's Kabaddi, what would it be?

Christine: Unstoppable by Sia

If you could recruit any famous woman, from any field, to play Kabaddi with you, who would it be and why?

Christine: Philadelphia Olando from Kenya rugby, Very Energetic, hardworking and committed

If you could have a Kabaddi superpower, like invisibility or teleportation, what would it be and how would you use it in a match?

Christine: Speed - to make quick reactions when raiding and defending

Describe your go-to Kabaddi fashion statement in three words

Christine: Comfortable, strong, happy

If your Kabaddi team had a dance-off, who do you think would win, and what song would you choose?

Christine: Mary Wahu- Miondoko

If there was an emoji to represent women in Kabaddi, what would it be?

Christine: 💪

If you had to create a slogan for women's Kabaddi, what would it be?

Christine: Forward ever, backward never



#KKPL1

THE KENYA KABADDI PREMIER LEAGUE 1





#KKPL1



THE KENYA KABADDI PREMIER LEAGUE 1

LEAGUE SUMMARY

Men's Category:

The Kenya Kabaddi Premier League 1 commenced on August 5th, 2023, showcasing thrilling kabaddi action until its conclusion on March 9th, 2024. The format of play consisted of a double round-robin, with each of the twelve men's teams facing off against one another twice, resulting in a total of 132 league stage matches. The top six teams advanced to the playoffs.

The playoff stage witnessed intense clashes, with Githurai Cheetahs, JKUAT Assassins, Black Falcons, RDU KC, KU Hawks, and UON Tigers securing their spots. In the eliminators, RDU KC overcame Black Falcons, while UON Tigers triumphed over KU Hawks, setting up the semi-final encounters.

In the semi-finals, Githurai Cheetahs faced RDU KC, and JKUAT Assassins clashed with UON Tigers. Ultimately, JKUAT Assassins emerged victorious over RDU KC in the final showdown, claiming the prestigious title of Kenya Kabaddi Premier League 1 champions.

Women's Category:

The women's category featured six teams competing in a quad round-robin format, resulting in a total of 60 league stage matches. With only six teams participating, all proceeded to the playoffs.

Pink Sharks and Kayole Divas secured their spots in the semi-finals by defeating Jkuat Starlets and Kasarani Lioness, respectively, in the eliminators. In the semi-finals, UON Tigress fell to Kayole Divas, while Black Falcon Babes triumphed over Pink Sharks.

In an electrifying final match, Black Falcon Babes emerged victorious, clinching the title of Kenya Kabaddi Premier League 1 champions in the women's category.

Awards:

Both finalist teams in the men's and women's categories were recognized for their remarkable performances. The champions were awarded gold medals and the prestigious trophy, while the runners-up received silver medals and trophies, acknowledging their outstanding contributions to the league.



#KKPL1



THE KENYA KABADDI PREMIER LEAGUE 1





#KKPL1



THE KENYA KABADDI PREMIER LEAGUE 1





THE KENYA KABADDI UNION PARTNERS

Venue partner
THE KENYA ACADEMY OF
SPORTS



Venue partner
THE MOI INTERNATIONAL
SPORTS CENTRE

Media partner
THE KKU MEDIA





#KKPL1

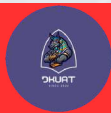
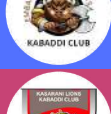


THE KENYA KABADDI PREMIER LEAGUE 1



TEAM SCORE POINTS

IN KENYA KABADDI PREMIER LEAGUE 1

1	JKUAT ASSASINS	1,261 SCORE POINTS	
	GITHURAI CHEETAHS	1,219 SCORE POINTS	
	UON TIGERS	1,182 SCORE POINTS	
	KU HAWKS	1,134 SCORE POINTS	
	RDU MEN	1,094 SCORE POINTS	
	BLACK FALCONS	1,091 SCORE POINTS	
	KCA WOLVES	970 SCORE POINTS	
	KAYOLE GIANTS	903 SCORE POINTS	
	KASARANI LIONS	873 SCORE POINTS	
	TAK KABADDI	761 SCORE POINTS	
	KIAMBU PLUCKERS	681 SCORE POINTS	
	NAXARROWS	614 SCORE POINTS	



#KKPL1



THE KENYA KABADDI PREMIER LEAGUE 1



MOST BONUS POINTS

IN WOMEN KENYA KABADDI PREMIER LEAGUE 1

	055 BONUS POINTS LOURINE FLETCHER	
	051 BONUS POINTS CHRISTINE ADHIAMBO	
	049 BONUS POINTS LAVENDER AWUOR	
	022 BONUS POINTS MARY OTEKI	
	021 BONUS POINTS LAURA ATEKAYA	



MOST TACKLE POINTS

IN WOMEN KENYA KABADDI PREMIER LEAGUE 1

	106 TACKLE POINTS MARY OTEKI	
	103 TACKLEPOINTS LIZZANNE OWINO	
	090 TACKLEPOINTS CHRISTINE ADHIAMBO	
	077 TACKLEPOINTS FAITH CHEPTOO	
	059 TACKLEPOINTS GLORIA MBUGUA	



MOST TOUCH POINTS

IN WOMEN KENYA KABADDI PREMIER LEAGUE 1

	220 TOUCH POINTS CHRISTINE ADHIAMBO	
	168 TOUCH POINTS LAVENDER AWUOR	
	138 TOUCH POINTS LOURINE FLETCHER	
	113 TOUCH POINTS ESTHER OMOLLO	
	101 TOUCH POINTS BRENDA KWAMBOKA	



#KKPL1



THE KENYA KABADDI PREMIER LEAGUE 1

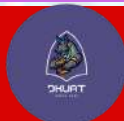
MOST BONUS POINTS IN KENYA KABADDI PREMIER LEAGUE 1

	206 BONUS POINTS JAMES KAMWETI	
	102 BONUS POINTS ALLAN OMONDI	
	095 BONUS POINTS RODGERS OMONDI	
	078 BONUS POINTS DANIEL ODHIAMBO	
	073 BONUS POINTS STEWART MAGERO	

MOST TACKLE POINTS IN KENYA KABADDI PREMIER LEAGUE 1

	102 TACKLE POINTS RYAN NEVILLE	
	71 TACKLE POINTS REUBEN MBURU	
	070 TACKLE POINTS BRIAN OMONDI	
	066 TACKLE POINTS DENNIS OCHIENG	
	063 TACKLE POINTS ALLAN OMONDI	

MOST TOUCH POINTS IN KENYA KABADDI PREMIER LEAGUE 1

	389 TOUCH POINTS JAMES KAMWETI	
	349 TOUCH POINTS RODGERS OMONDI	
	313 TOUCH POINTS STEWART MAGERO	
	264 TOUCH POINTS ALLAN OMONDI	
	257 TOUCH POINTS JOHN KARUGAH	

JAMES KAMWETI

photography by
MELOPRIME STUDIOS



BOLD.
STRONG.
GREAT.



KENYA KABADDI 38



let the KABADDI into
your veins and allow
your body to flow like
fluid. KABADDI is not
just a sport but an art
of life.



KIKU MEDIA



**January
2024**

KENYA KABADDI
PREMIER
LEAGUE 1



**Februar
y 2024**

KENYA KABADDI
PREMIER
LEAGUE 1



**March
2024**

KENYA KABADDI
PREMIER
LEAGUE 1-
FINALS

KABADDI
MTAANI
GITHURAI



**April
2024**

KENYA KABADDI
UNION UMPIRE
TRAINING
COURSE



**May
2024**

KENYA KABADDI
PREMIER
LEAGUE 2

BANGABANDHU
CUP S4



**June
2024**

KENYA KABADDI
PREMIER
LEAGUE 2
MILITARY
CHAMPIONSHIP

AFRICA CUP



**July
2024**

KENYA KABADDI
PREMIER
LEAGUE 2
KENYA BEACH
KABADDI



**August
2024**

KENYA KABADDI
PREMIER
LEAGUE 2
BEACH EURO
POLAND



**Sept
2024**

KENYA KABADDI
PREMIER
LEAGUE 2
AFRICA CUP
WOMEN
JR WOMEN
WORLD CUP



**October
2024**

KENYA KABADDI
PREMIER
LEAGUE 2



**Novemb
er 2024**

KENYA KABADDI
PREMIER
LEAGUE 2

ASIAN INDOOR
GAMES



**Decemb
er 2024**

KENYA KABADDI
PREMIER
LEAGUE 2

2024
*Calender of
Events*



PARTNERS



MINISTRY OF YOUTH AFFAIRS,
CREATIVE ECONOMY AND SPORTS

